**Governing Council AGM**

Next Monday, 9th February, is our AGM. This will be held in the staff room at 7pm. At this meeting we present the Annual Report which summarises events, progress and achievements for 2014. We will also elect the Governing Council for 2015. Surrey Downs R-7 Governing Council can have up to 14 members made up of 1 Principal, 1 staff member, 11 elected parents and 1 Special Education representative. Most of these positions are for a 2 year term. The role of the Governing Council is to work with the Principal to govern the school. This means that members think and talk about what is happening in the school and make plans for the future. The Governing Council consult with and represent our school parents and are the voice of our families. We meet twice a term in the evening for about 1½ hours. We also have subcommittees that meet at other times and then report back to the Governing Council. Whilst a number of our members are keen to re-nominate there will still be several parent vacancies and 1 Special Education representative vacancy. Please contact the front office if you would like more information, or just come along on the night.

**Welcome to new families**

We would like to welcome the following families to our School community this year and wish them all a very successful year.

In Room 1 - Mikayla, Bostyn, Asher and Declan

In Room 5 - Max, Chloe, Junn, Angus and Haemil

In Room 6 - Kathy, Jed, Tyannah, Sienna C, Emily, Saskia, Braeden, Jacob, Charlie, Evan, Baylan, Archie, Natalie, Ryder, Sienna W, Zoe, Matthew, Brodie and Ibrahim

In Room 7 - Feinyx

In Room 8 - Dima and Gaohn

In Room 11 - Abida

In Room 15 - Noah and Jack

In Room 18 - Mitch and Charlotte

**Healthy Eating at School**

Coming back to school after the long holiday break can sometimes be difficult to get back into the routine of packing lunchboxes every day with new and exciting, but healthy, snacks. Here are some ideas you might like to try:

- Vegetable or bread sticks (e.g. carrot, celery, beans) with different flavoured reduced fat dips like Skinny Tzatziki or extra light cream cheese
- Air popped popcorn
- Rice cakes with cottage cheese
- Rice crackers or Pita chips with mild salsa dip
- Fresh fruit – try fruit whole, cut into wedges or as fruit kebabs on paddle pop sticks chilled
- Homemade fruit muffins or raisin/fruit toast
- Scones with cheese and vegies (zucchini or carrot), or sultanas/dried fruit
- Snack-sized tub of reduced fat yoghurt (plain or fruit flavoured)
- Cubes, slices, shapes or wedges of reduced fat cheese with wholemeal crackers

Look out for more information about the ‘right bite’ healthy eating strategy in further newsletters this year.

Cathy McAuley ☺
School Banking Day Reminder

Don’t forget that Wednesday is School Banking day and students should bring in their weekly deposit. For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their continued savings behaviour. Remember our school earns $5 commission on every deposit made and 5% on every deposit made through the school (to a maximum of $10 per individual deposit).

Thank you for supporting the School Banking program at Surrey Downs R-7 School.

Please Note

All money (excluding lunch orders) coming to school is to be placed in the money slot in the Front Office and NOT given to the Class Teachers
Thank You

CANTEEN SPECIALS

WEEK 3 - Half Hot Dog
+ Ice Cream Cup
$3.00

WEEK 4 - Dino Snack
+ Frozen Mony
$4.50

I have read and discussed the Code of Conduct with my child/ren.

Child/ren's names

Room number/s

Parent signature

Cathy McAuley
Principal

Student code of Conduct

Respect for ourselves, others, property and the environment is the Code of Conduct that everyone at Surrey Downs is expected to follow. Please read the Code of Conduct on the following page, discuss with your child/ren and acknowledge that you have done so by either returning the tear off slip or writing an acknowledgment in your child/ren’s diaries or communication books.

__________________________________________

I have read and discussed the Code of Conduct with my child/ren.

Child/ren’s names______________________________________________________________
Room number/s______________________________________________________________
Parent signature______________________________________________________________
Fire Friday
Last Friday our school participated in Fire Friday. This was a fundraiser started by Reidy Park Primary School in Mount Gambier. The aim was to raise as much money as possible for RSPCA South Australia to donate specifically to the injured animals from the recent fires in our state. Our school raised $290.55!!! Well done and thank you to everyone that participated.
Hi All

Well the new school year has well and truly started. Do you make New Year resolutions? Some years I do. You know, the usual: This year I’ll start a new diet, be more disciplined, be a better wife, a better parent a better friend… and some years my resolution is simply: I’m not going to make a New Year’s resolution. (Those years are surprisingly successful. 😊) During the holidays I read the following article written by the author Neil Gaiman. I hope you are as challenged and encouraged by his comments as I was.

He wrote:
“I hope that in this year to come, you make mistakes.

Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You’re doing things you’ve never done before, and more importantly, you’re ‘Doing Something’.

So that’s my wish for you, and all of us, and my wish for myself. ‘Make New Mistakes’. Make glorious, amazing mistakes. Make mistakes nobody’s ever made before. Don’t freeze, don’t stop, don’t worry that it isn’t good enough, or it isn’t perfect, whatever it is: art, or love, or work or family or life.

Whatever it is you’re scared of doing, Do it. Make your mistakes, this year and forever. Keep on learning.”

Wishing you all a great school year for 2015; full of making mistakes, living life and learning new things.

I’d like to introduce myself to our new families. My name is Barb Page. I have a wonderful husband of 36 years and two adult sons (both of whom we like as well as love. 😊) We also have a beautiful daughter in law. Clint and I moved to Adelaide 33 years ago from North Queensland. (We only planned to come for one year.) I have over 30 years’ experience of working with children and families both as a volunteer and in a professional role. This is my fourth year of working in the Surrey Downs School Community. I am employed by the Schools Ministry Group as a Pastoral Care Worker to provide chaplaincy services to the school. My main tasks as a Pastoral Care Worker are:

To support the school in its aim to be a safe and supportive learning environment
To support the wellbeing of students, staff, and families
To link families to community resources and services.

I address these tasks by fulfilling a Pastoral, Referral and Resource Role. I look forward to meeting you as the year progresses.

Barb Page 😊
CPSW

The rules for parents are but three: love, limit, and let them be. ~ Elaine M. Ward
Student code of conduct

Self
- Keep safe
- Think positive
- Do your best
- Move safely

Others
- Play by the rules
- Speak calmly & courteously
- Maintain personal space
- Move safely

Environment
- Rubbish in bins
- Stay on paths
- Play in the right area
- Careful of gardens

Property
- Look after school property
- Look after your own and other people’s property